











### **Green Road Community Center**

# NEW Classes, Programs & Special Events January 2012—April 2012



#### **Contact Information**

Green Road Community Center
4201 Green Road
Raleigh, NC 27604
(919) 872-4140—phone
(919) 713-4188—fax
parks.raleighnc.gov
Keyword—Green Road Community Center

#### **Community Center Contacts**

Director—Daniel Bagley Daniel.Bagley@raleighnc.gov

Assistant Director—Ryan Vinson Ryan.Vinson@raleighnc.gov

Front Desk
Jenny.Hood@raleighnc.gov

#### **Hours of Operation**

Monday: 10:00 am—9:00 pm Tuesday: 10:00 am—9:00 pm Wednesday: 10:00 am—9:00 pm Thursday: 10:00 am—9:00 pm Friday: 10:00 am—9:00 pm Saturday: 9:00 am—3:00 pm Sunday: 1:00 pm—6:00 pm

















### **Green Road Community Center Winter/Spring 2012 Classes**

#### **Preschool Classes**

**Barnyard Animals:** (ages 3-5 years) - Why are the animals that live on a farm important to us? Learn about a different animal in each class. Discover what the farmer does that is so important to us each day. All students must be potty trained or have a parent in attendance.

#118021 Feb 2—23 Class Fee: \$36.00 Thursday 2:15—3:00 pm

<u>Cheerleading - Wolf Pups (Preschool Tumblers):</u> (ages 3-6) - We are always striving to have a fun, exciting, and safe learning environment in our cheer classes at Green Road. We know the best formula for success is to have the perfect instructor leading your class, that's why Christine Baker and Olivia Blackwood who are currently Cheerleaders at North Carolina State University are our AWESOME INSTRUCTORS! In the Wolf Pups preschool tumblers class both basic and beginner tumbling skills will be taught along with basic jumps, motions and an overall understanding of cheerleading!

Monday 2:15-3:00 pm Class Fee: \$40.00 #118052 Jan 9-30 Feb 6-27 Monday 2:15-3:00 pm Class Fee: \$40.00 #118053 Class Fee: \$40.00 Monday 2:15-3:00 pm #118054 March 5-26 #118055 April 9—30 Class Fee: \$40.00 Monday 2:15-3:00 pm

<u>Fables & Fairytales:</u> (ages 3-5) - Join us and discover many of life's valuable lessons from fairytales and fables, such as to never give up in the story of the crow and the pitcher. We will use puppets and crafts to make these stories come alive. #118022 Feb 7—28 Class Fee: \$36.00 Tuesday 2:15—3:00 pm

**Forest Creatures:** (ages 3-5) - Who is the masked bandit of the forest? Who likes being upside down? We will learn about these animals and others that call the forest their home. Your child will also do an age appropriate art project each week. #117862 April 12—May 3 Class Fee: \$36.00 Thursday 2:15—3:00 pm

<u>Gymnastics - Little Twisters:</u> (ages 3-5) - This class is designed for our little gymnasts to be! We will explore skill techniques while learning balance, flexibility, stamina, form, and style. Little to no experience needed.

Jan 9-30 Class Fee: \$40.00 Monday 11:15—12:00 pm #118056 #118057 Feb 6-27 Class Fee: \$40.00 Monday 11:15—12:00 pm #118058 March 5-26 Class Fee: \$40.00 Monday 11:15—12:00 pm April 9-30 Class Fee: \$40.00 Monday 11:15—12:00 pm #118060

**Gymnastics - Mommy & Me:** (ages 15-24 months) - The class is for the youngster that wants some more bonding time with Mom (or Dad)! Fun learning techniques including stunts, tumbling, rolls, climbs, jumps and flips. This is a parent-child participation class. One parent must attend.

#118065 Jan 9-30 Class Fee: \$40.00 Monday 10:15—11:00 am #118066 Feb 6-27 Class Fee: \$40.00 Monday 10:15—11:00 am #118067 March 5—26 Class Fee: \$40.00 Monday 10:15—11:00 am Class Fee: \$40.00 Monday 11:15—12:00 pm #118067 April 9-30

<u>Jungle Animals:</u> (ages 3-5) - Who is the slowest animal in the jungle? Not all jungles are in Central and South America. How do these animals protect themselves? We will do an art project with each animal that is age appropriate. Instructor: Mrs. Alice #117857 Jan 10—31 Class Fee: \$36.00 Tuesday 2:15—3:00 pm















### Green Road Community Center Winter/Spring 2012 Classes

#### **Preschool Classes (continued)**

<u>Gymnastics - Parents & Pups:</u> (ages 0-3) - We are always striving to have a fun, exciting, and safe learning environment in our cheer classes at Green Road. We know the best formula for success is to have the perfect instructor leading your class, that's why Christine Baker and Olivia Blackwood who are currently Cheerleaders at North Carolina State University are our AWESOME INSTRUCTORS! In the Parents and Pups class parents and their children will participate in interactive playing which will assist in the development of motor skills through the use of obstacle courses, parachutes, barrels, etc.

#118069	Jan 9—30	Class Fee: \$40.00	Monday 1:15—2:00 pm
#118070	Feb 6—27	Class Fee: \$40.00	Monday 1:15—2:00 pm
#118071	March 5—26	Class Fee: \$40.00	Monday 1:15—2:00 pm
#118072	April 9—30	Class Fee: \$40.00	Monday 1:15—2:00 pm

Little Learners Early Education Class at Brentwood: (ages 3-5) - Here is an affordable class your 3-5 year old can take Monday - Thursday 8am to 12pm at Brentwood Neighborhood Center. Brentwood is the perfect location for early education classes because of our ball fields, playground, nature areas, walking trail and not to mention the fully equipped center that your kids will be begging you to take them to! At Little Learners we will plan and implement activities to meet their physical, emotional, intellectual and social needs. We will provide various experiences and activities for children including songs, games and story telling. We will work hard with our staff to always build children's esteem, comfort them, establish routines and provide positive guidance all in a safe and secure environment for children that will put your mind at ease. We will also provide progress reports on how your child is doing in class too. Children of all skills and abilities are welcome and encourage to attend. Don't miss out!

#118658	Jan 9—Feb 2	Class Fee: \$280.00	Monday—Thursday 8:00 am—12:00 pm
#111984	Feb 6—March 1	Class Fee: \$280.00	Monday—Thursday 8:00 am—12:00 pm
#111985	March 5—29	Class Fee: \$280.00	Monday—Thursday 8:00 am—12:00 pm
#111986	April 2—26	Class Fee: \$280.00	Monday—Thursday 8:00 am—12:00 pm

<u>Play Smart:</u> (ages 3-5) - Children will rotate through different stations in small groups. Physical fitness and safety activities involving City of Raleigh Firefighters and Police Officers are the primary focus. A kid-size city with pedal cars will be used to teach children about driver and pedestrian safety. Parents, guardians, or teachers are required to stay during the program. Contact: Alicia Lacombe 831-6833 or Linda Stafford 420-2383.

#119197 March 22 Class Fee: \$6.00 Thursday 10:00—11:30 am

**Rocketship Explorers:** (ages 3-5) - Explore the stars, planets and what is out there in outer space. Each week we work toward becoming astronauts. The last week we will eat space food and put on our space suits. Come fly with us to outer space in our rocketship.

#117858 Jan 5—26 Class Fee: \$36.00 Thursday 2:15—3:00 pm

<u>Safari Animals:</u> (ages 3-5) - Do you want to learn about tigers, lions, and elephants? Join us as we discover how these animals live in the wild. Are they endangered? We will learn about a different animal each week. Instructor: Alice Meador.

#117859 March 6—27 Class Fee: \$36.00 Tuesday 2:15—3:00 pm















### **Green Road Community Center Winter/Spring 2012 Classes**

#### **Youth Classes**

<u>Ballet Basics III:</u> (ages 6-8) - Designed for youngsters with or without prior dance experience, this class emphasizes coordination of ballet movements properly and safely. They will discover the joy of combining movements into phrases, while also developing their own creativity and expression. Six year olds that have already had Ballet Basics II are allowed to register for Ballet Basics III.

#116654 Jan 14—Feb 25 Class Fee: \$70.00 Saturday 12:00—12:45 am #116655 Jan 14—Feb 25 Class Fee: \$70.00 Saturday 12:00—12:45 am

<u>Baseball Skills for Beginners:</u> (ages 6-9) - Play ball! This class will continue to develop the basics of baseball, including fielding, hitting, throwing, and catching. This class will help develop players for future league play, emphasizing good sportsmanship and teamwork as well as skills.

#116921 Jan 21—Feb 11 Class Fee: \$40.00 Saturday 9:00 am—9:45 am #113950 Feb 25—March 17 Class Fee: \$40.00 Saturday 9:00 am—9:45 am

<u>Basketball Skills for Beginners:</u> (ages 6-9) - Just can't get enough basketball? This class will stress the fundamentals of basketball with an emphasis on fun. Basic techniques of dribbling, shooting and passing along with other drills for ball control will be taught. Be prepared to sweat, learn and have a good time!

#116923 Jan 21—Feb 11 Class Fee: \$40.00 Saturday 10:00—10:45am #116924 Feb 25—March 17 Class Fee: \$40.00 Saturday 10:00—10:45am

<u>Cheer and Tumbling Birthday Parties:</u> (ages 4-13) - Cheer and Tumbling Birthday Parties, where gymnastics and cheer are combined with music, dance and synchronized energy. You're already a Cheerleader / young gymnast, or intend to become one? Here is a great opportunity to see what it's like! You will enjoy one hour of Gymnastics from one of our talented cheerleaders from NC State, and one hour in a private room where you can enjoy food drinks and games. As an added bonus Green Road will provide a goody bag for the birthday child!

Please call Green Road at 872-4140 to reserve your space, date and time!

2 hours	2.5 hours	3 hours	3.5 hours	4 hours
\$150	\$190	\$225	\$265	\$300

<u>Football (and other Sports) Birthday Parties:</u> (ages 4-13) - Touchdown, Goal, Homerun!!! Sports Birthday Parties, where football, baseball and basketball are top dog! For your party, you will be able to choose which sports theme you want to celebrate! You will enjoy one hour of activities for that sport, and one hour in a private room where you can enjoy food drinks and games. As an added bonus Green Road will provide a goody bag for the birthday child!

Please call Green Road at 872-4140 to reserve your space, date and time!

2 hours	2.5 hours	3 hours	3.5 hours	4 hours
\$150	\$190	\$225	\$265	\$300















### **Green Road Community Center Winter/Spring 2012 Classes**

#### **Youth Classes (continued)**

<u>Cheerleading - Alpha Wolves (Intermediate Cheer):</u> (ages 9+) - We are always striving to have a fun, exciting, and safe learning environment in our cheer classes at Green Road. We know the best formula for success is to have the perfect instructor leading your class, that's why Christine Baker and Olivia Blackwood who are currently Cheerleaders at North Carolina State University are our AWESOME INSTRUCTORS! Students will learn intermediate tumbling and routine building skills, learning stunts, motions, tumbling and jumps!

#118044	Jan 9—30	Class Fee: \$40.00	Monday 4:15—5:00 pm
#118045	Feb 6—27	Class Fee: \$40.00	Monday 4:15—5:00 pm
#118046	March 5—26	Class Fee: \$40.00	Monday 4:15—5:00 pm
#118047	April 9—30	Class Fee: \$40.00	Monday 4:15—5:00 pm

<u>Cheerleading - Red Wolves (Elementary Cheer):</u> (ages 6-9) - We are always striving to have a fun, exciting, and safe learning environment in our cheer classes at Green Road. We know the best formula for success is to have the perfect instructor leading your class, that's why Christine Baker and Olivia Blackwood who are currently Cheerleaders at North Carolina State University are our AWESOME INSTRUCTORS! In the Red Wolves Elementary Cheer class both beginner and intermediate tumbling skills will be taught as well as jumps, motion sequences, cheers, basic stunts and dances.

#118048	Jan 9—30	Class Fee: \$40.00	Monday 3:15—4:00 pm
#118049	Feb 6—27	Class Fee: \$40.00	Monday 3:15-4:00 pm
#118050	March 5—26	Class Fee: \$40.00	Monday 3:15—4:00 pm
#118051	April 9—30	Class Fee: \$40.00	Monday 3:15—4:00 pm

<u>Dinosaurs:</u> (ages 5-7) - Who was the biggest? Who was the toughest? Who were these ancient creatures? We will learn about a different dinosaur each week. We will do creative play and art projects are we discover the wonder of dinosaurs! #117861 April 10—May 1 Class Fee: \$36.00 Tuesday 2:15—3:00 pm

<u>Gymnastics - Private Lessons:</u> (ages 4-13) - Green Road Private and semi-private gymnastics lessons accelerate and enhance learning while overcoming obstacles in the learning process. Enjoy Private and semi-private lessons with our talented instructor Emily Guarneri, who just happens to be a NC State Cheerleader is available!! Class Fee: \$60.00

PLEASE CALL GREEN ROAD AT 872-4140 TO MAKE AN APPOINTMENT BASED ON YOUR AVAILABILITY!

**Gymnastics - Tiny Tumblers:** (ages 4-11) - This is our introductory gymnastic class for youth! This class is designed for those for the interest but have little to no background or little experience. This class will include, but not limited to stunts, tumbling, balance, dance and coordination. Little to no experience required.

#118073	Jan 9—30	Class Fee: \$40.00	Monday 12:15—1:00 pm
#118074	Feb 6—27	Class Fee: \$40.00	Monday 12:15—1:00 pm
#118075	March 5—26	Class Fee: \$40.00	Monday 12:15—1:00 pm
#118077	April 9—30	Class Fee: \$40.00	Monday 12:15—1:00 pm















### **Green Road Community Center Winter/Spring 2012 Classes**

#### **Youth Classes (continued)**

<u>Introduction to Chess:</u> (ages 6-9) - Checkmate!! This class is designed for youth that want to learn how to play chess. This class will cover the basics: the pieces, the board, the moves and much more! No experience necessary.

#116670	Jan 9—30	Class Fee: \$40.00	Monday 6:30—7:15 pm
#116671	Feb 6—27	Class Fee: \$40.00	Monday 6:30—7:15 pm
#116672	March 5—26	Class Fee: \$40.00	Monday 6:30—7:15 pm
#116673	April 9—30	Class Fee: \$40.00	Monday 6:30—7:15 pm

Karate - Traditional Okinawa Shorin-Ryu: (ages 6-12) - This class teaches the student the blocking, punching and kicking techniques of traditional Shorin-Ryu karate. The student will learn the weapons of karate such as, the bo, sai, nunchaku and tonfa. Forms (Kata) and sparring techniques will also be taught, alone with ground grappling applications for self-defense. The important benefit to this class is that the student will be equipped with the skills and self confidence that will enable them defend themselves and their love ones against attacks. Another important benefit is that the participants will learn the basic disciplines of martial arts which include courtesy, modesty, perseverance, self-control, exercise and respect.

#116930	Jan 4—30	Class Fee: \$60.00	Monday, Wednesday, Friday 6:30 pm—7:30 pm
#116931	Feb 1—29	Class Fee: \$60.00	Monday, Wednesday, Friday 6:30 pm—7:30 pm
#116932	March 2—30	Class Fee: \$60.00	Monday, Wednesday, Friday 6:30 pm—7:30 pm
#116933	April 2—30	Class Fee: \$60.00	Monday, Wednesday, Friday 6:30 pm—7:30 pm

<u>Weather Bound:</u> (ages 5-11) - Need a structured place for your children to play when Wake County Schools are closed for the day due to inclement weather? Program hours are 8:00am to 5:00pm. Activities may include sports, crafts, games, computer games, movies and outdoor play. Children should bring a lunch, two snacks, drinks and a change of clothes. Pre-registration is recommended. Space is limited. Please call us at 872-4140 to find out whether or not we will be having the program when Wake County Public System closes due to inclement weather.

**Volleyball - Youth:** (ages 6-11) - This class is designed for students who already have basic knowledge of volleyball. The purpose of this class will be to further develop all the basic concepts as well as work on defensive and offensive strategies, seeing the court and making effective plays. Little or no experience required.

#119308	January 4—25	Class Fee: \$42.00	Monday 4:00—5:00 pm
#119309	February 1—22	Class Fee: \$42.00	Monday 4:00—5:00 pm
#119311	March 7—28	Class Fee: \$42.00	Monday 4:00—5:00 pm
#119312	April 4—25	Class Fee: \$42.00	Monday 4:00—5:00 pm

<u>Volleyball - Private Lessons:</u> (ages 6-11) - Get one on one time with a coach to work on skill development in a certain area you would like to improve or get overall help with your volleyball skills. During the course of an hour the focus will be on repetition and perfection of skills for every student as well as corrections and instructions for what you can do on your own at home in order to improve! PLEASE CALL GREEN ROAD AT 872-4140 TO MAKE AN APPOINTMENT BASED ON YOUR AVAILABILITY!















### **Green Road Community Center Winter/Spring 2012 Classes**

#### **Adult Classes**

<u>Dog Obedience - Advanced:</u> (ages 18+) - For dogs of all ages that have had some prior training such as a puppy or basic class. Learn Advanced skills, work on all your dogs skills for in home and out in public. Great refresher for a dog that has not had recent training. This will get your dog ready to move on to fun sports such as, Rally, Agility, Fly ball, or to get your dogs CGC and much more. Must bring proof of your dogs vaccinations to first class. Also bring lots of soft treats and toys your dog likes. Classes are held biweekly.

#### Class meets at Brentwood Neighborhood Center - 3315 Vinson Court, Raleigh, NC 27604

#117960 Jan 9—March 19 Class Fee: \$100.00 Monday 7:45 pm—8:45 pm (every other Monday) #117961 Jan 16—April 2 Class Fee: \$100.00 Monday 11:45 am—12:45 pm (every other Monday)

<u>Dog Obedience - Basic:</u> (ages 18+) - For dogs with little or no prior training. Dogs of all ages. (puppies must be over 12 weeks) Learn basic skills, house manners, and fun tricks. Great socialization!!! Must bring proof of your dogs vaccinations to first class. Also bring lots of soft treats and toys your dog likes. Classes are held biweekly.

#### Class meets at Brentwood Neighborhood Center - 3315 Vinson Court, Raleigh, NC 27604

#117963 Jan 9—March 19 Class Fee: \$100.00 Monday 6:30 pm—7:30 pm (every other Monday) #117966 Jan 16—April 2 Class Fee: \$100.00 Monday 10:30 am—11:30 am (every other Monday)

Karate - Traditional Okinawa Shorin-Ryu: (ages 13+) - This class teaches the student the blocking, punching and kicking techniques of traditional Shorin-Ryu karate. The student will learn the weapons of karate such as, the bo, sai, nunchaku and tonfa. Forms (Kata) and sparring techniques will also be taught, alone with ground grappling applications for self-defense. The important benefit to this class is that the student will be equipped with the skills and self confidence that will enable them defend themselves and their love ones against attacks. Another important benefit is that the participants will learn the basic disciplines of martial arts which include courtesy, modesty, perseverance, self-control, exercise and respect.

#116925	Jan 4—30	Class Fee: \$60.00	Monday, Wednesday, Friday 7:30 pm—8:30 pm
#116926	Feb 1—29	Class Fee: \$60.00	Monday, Wednesday, Friday 7:30 pm—8:30 pm
#116927	March 2—30	Class Fee: \$60.00	Monday, Wednesday, Friday 7:30 pm—8:30 pm
#116928	April 2—30	Class Fee: \$60.00	Monday, Wednesday, Friday 7:30 pm—8:30 pm

Volleyball - Open Play: (ages 18+) - Bring your friends and practice your volleyball skills during open play Green Road Center. Play will be held from 6:15pm until 8:45pm

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#119352	April 3	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120580	April 5	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120581	April 7	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120582	April 12	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120583	April 14	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120584	April 19	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120585	April 21	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm
#120586	April 26	Class Fee: \$5.00	Tuesday, Thursday 6:15—8:45 pm

